



# **“Diets are TEMPORARY; ASI is a LIFESTYLE”**

## **Today is your “Next Monday”**

Acceleration Sports Institute is ready to launch a **weight loss program** for the New Year. It is easy to say, “Next Monday I will start working out.” Well we are here to tell you that your “*Next Monday*” starts NOW!

Acceleration Sports Institute is doing a 3-month **weight loss challenge**. It officially begins on **JANUARY 1<sup>st</sup>, 2012**. In order to be eligible for the weight loss challenge, your Body Mass Index (BMI) needs to be above 30. BMI will be assessed at our ASI facility, and the individual who has the greatest weight loss percentage will be guaranteed a one year membership for free.

We will be offering a great deal to participants for \$79.00 for the first month with no initiation fee. If you reach your goal weight by the second month, then you will, again, receive another month for \$79.00. This will be the case for up to 3 months. Nutrition assessments, nutrition plans, and grocery shopping will also be available.

Your visits will be unlimited every day. We will be providing workouts each day that will cater to a total body program.

You may come in before January 1<sup>st</sup> for a free trial to see if it is something you would be interested in doing! **SLOTS ARE LIMITED. CALL TODAY 864-454-2749!!!!!!**

The time is NOW! Don't let another year go by and another resolution wasted. Let's make it happen!

200 Patewood Drive  
Greenville, SC  
864) 454-2749

